

Holiday Writing Template

Here's a template to write on, this holiday season! Expressing, sharing, and manifesting warmth is what this time is all about. You can use this template in as many ways as you desire, and can also send it to your students, colleagues, friends, and family!

Some ideas for using this template:

- 1 Write to share your love - Write to your students and their families on it, wishing them a happy holiday!
- 2 Share with your students - Send it to your students and let them know they can use it to write, doodle, and send letters to their loved ones. You could also give them some prompts!
- 3 Get some downtime for yourself #selfcare - Use this template as a journaling space, and gift yourself some much-needed downtime. Journaling has mental and emotional health benefits for us and is a highly recommended self-care practice. As the year ends and we await the next one, we have this time to reflect on it. Here are some writing prompts:
 - What were your biggest wins from the year gone by? (personal, professional, tiny, big - any!)
 - How have you changed since last year? In what ways have you grown this year?
 - What kind of person do you want to become next year? How do you want to grow?
 - What would you like to leave behind in 2021?
 - What are some ways in which you can slow down in the coming year?

